

RenaissanceUnity Family

Weekly Family Activities for December —2023

With great joy, I experience gratitude for The Power of Epiphany. The power that energizes and animates my life! Eternal Life is Happening NOW!



ADVENT: a Holiday Season of Hope, Peace, Love and Joy! Take the time to ConnectNow with the Spirit of the Indwelling Christ.

Advent runs 3rd to the 24th HOPE, FAITH, PEACE, LOVE, JOY



Affirmation: *I am filled with life, sweet life.*

Life—The ability to energize and animate.

The disciple is Judas. He represents the cleansing of selfishness, allowing the life force to flow to every part of the body.

The corresponding color is **RED** and the location is the reproductive organs.

UnityYouTube:

<https://www.youtube.com/watch?>

MY SPIRITUAL JOURNEY:

How has hope and faith lifted you through difficult times in life. What actions did you take to tap into these powerful experiences?

What are moments when you experienced a welcome sense of peace as the result of The Power of Epiphany?

How do you describe love?

MY SPIRITUAL JOURNEY CHALLENGE:

Your challenge this month is to write at least one powerful “I AM” statement each day that reflects the lessons and experiences you’ve had in 2023 as you prepare to close this year.

The word Advent means “to come toward”, to draw near or to approach. The season of Advent is about something unknown emerging on the horizon, something we have never seen before.

In the northern hemisphere, Advent occurs during the darkest and coldest time of the year. The trees are bare, the outside world appears stark. All of nature’s roots are reaching deep down into the earth for sustenance and protection.

Our ancestors knew this season of night and darkness in ways we can probably never know. For them, what light there was became a symbol of hope a guarantee that life would continue and the seasons would turn.

Is it any wonder that light has come to mean so much to us? During this dark, cold time of year we yearn for the rich and beautiful language of light luminous, blazing, glowing, illuminating, radiant, sparkling, twinkling, shining, brilliant, awakening, enlightened. Deep within us, light symbolizes what is most sacred, divine and alive. Yet we can’t fully appreciate the light unless we also know the dark.

This is the setting in which our Christmas stories were written. This is the season of Advent, the story of our own birth, as we emerge out of the darkness and into the light.

Advent is a quiet, contemplative time in the darkness waiting for the light, the light for the whole human race. It is a time to dig deeply into ourselves, excavating our souls, stretching our roots down to who and what we were created to be, the Christ Light, so that we might be born anew.

This inner preparation is nourished by prayer, the Silence, sacred music, and rituals of the season. Through these practices, we learn to wait, knowing that whatever unfolds is God working in us, through us and as us. At the same time, we know that whatever comes also depends on us.

Advent is a time to pay attention to every aspect of our lives and be fully present to the difficult as well as the inspiring. By staying present to all parts of our lives, we realize the fullness of who we are, and the fullness of life, which is the culmination of Advent. We call this culmination “Christmas” the birth of the Christ in us.

“It is now, at Advent, that I am given the chance to suspend all expectation...and instead to revel in the mystery.” ~ Jerusalem Jackson Greer



Cocoa Talks about Advent: <https://www.youtube.com/watch?v=yV2IsHW-wh4>



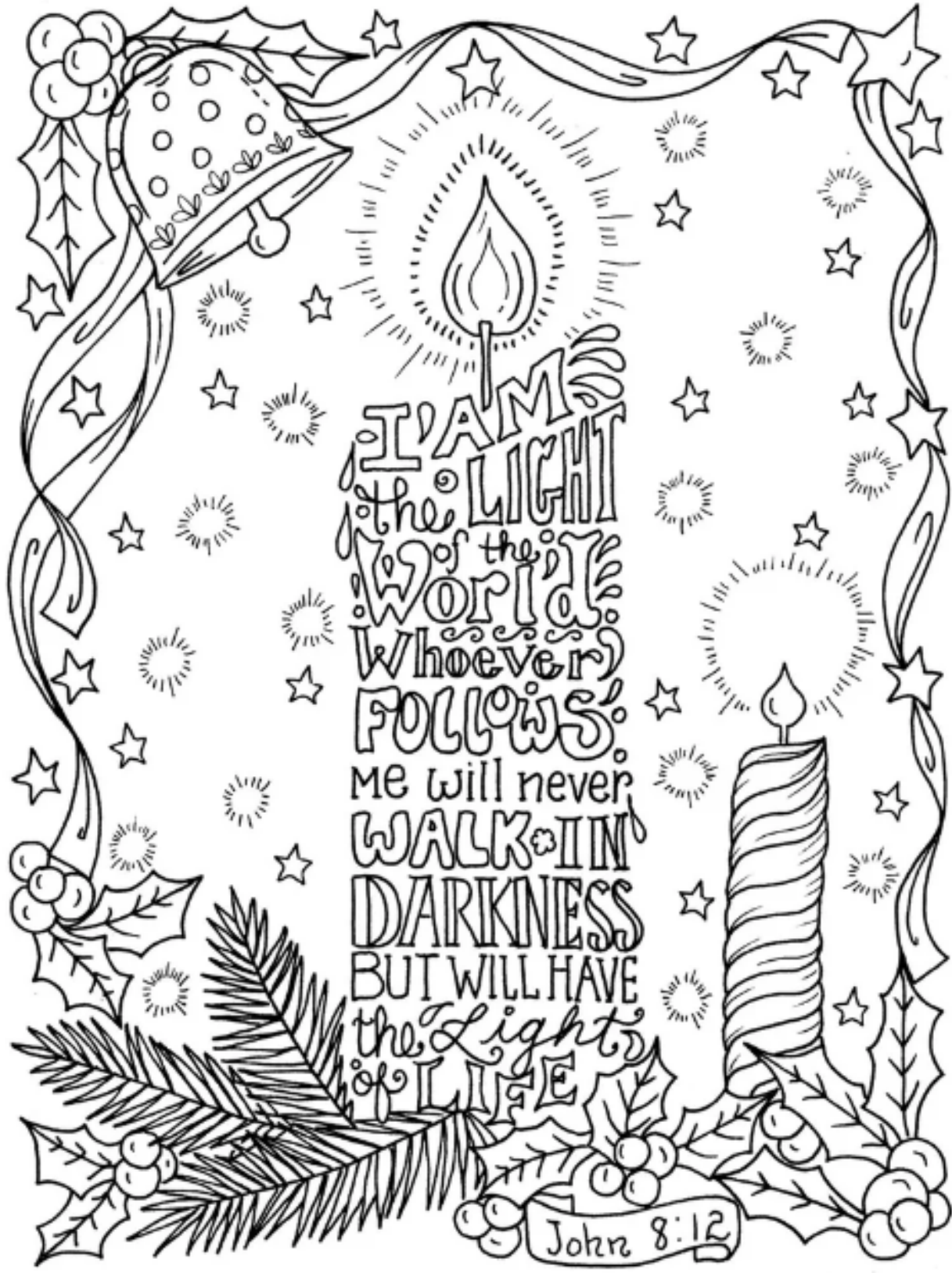
ADVENT Wreath Crafts:

<https://www.youtube.com/watch?v=wMqQc0QuN8U>



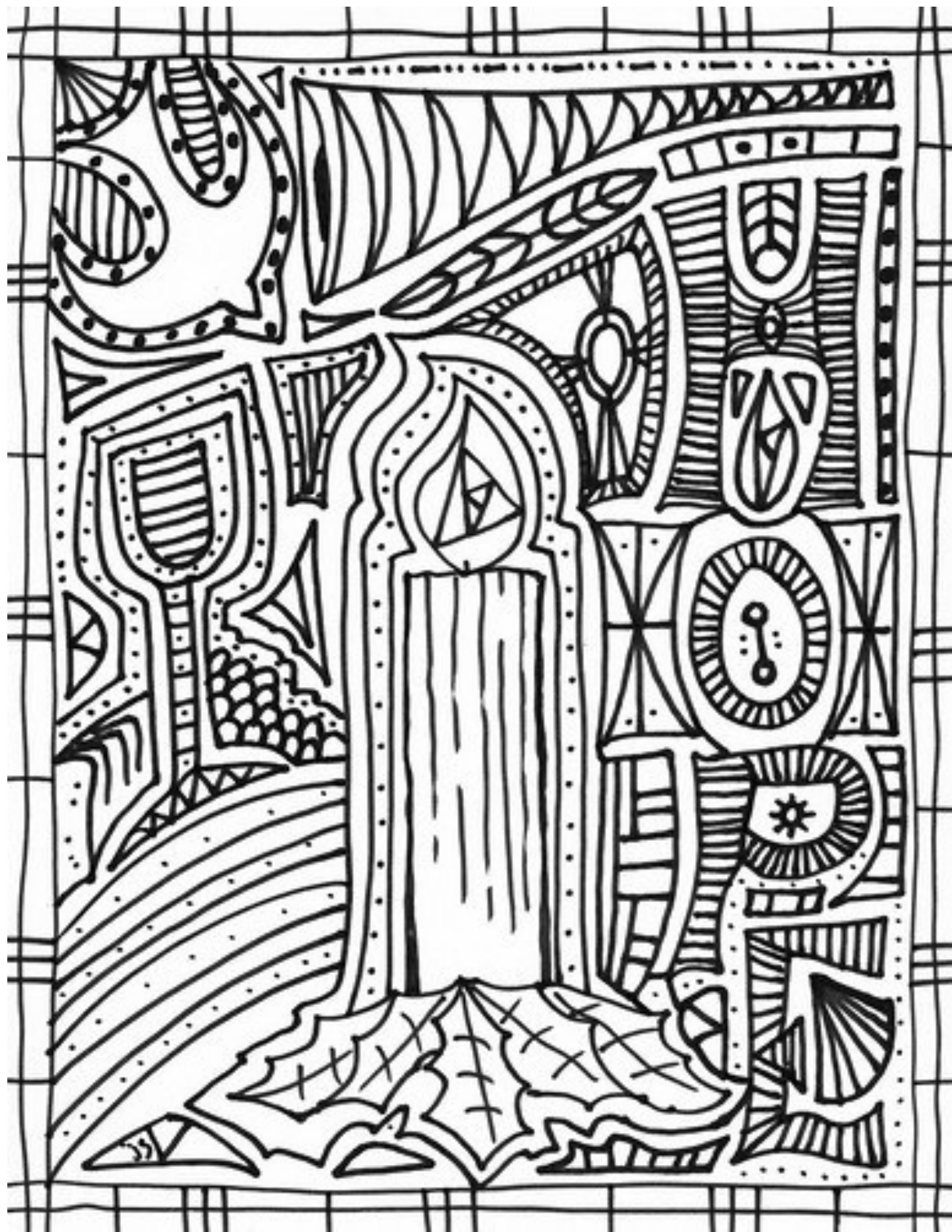
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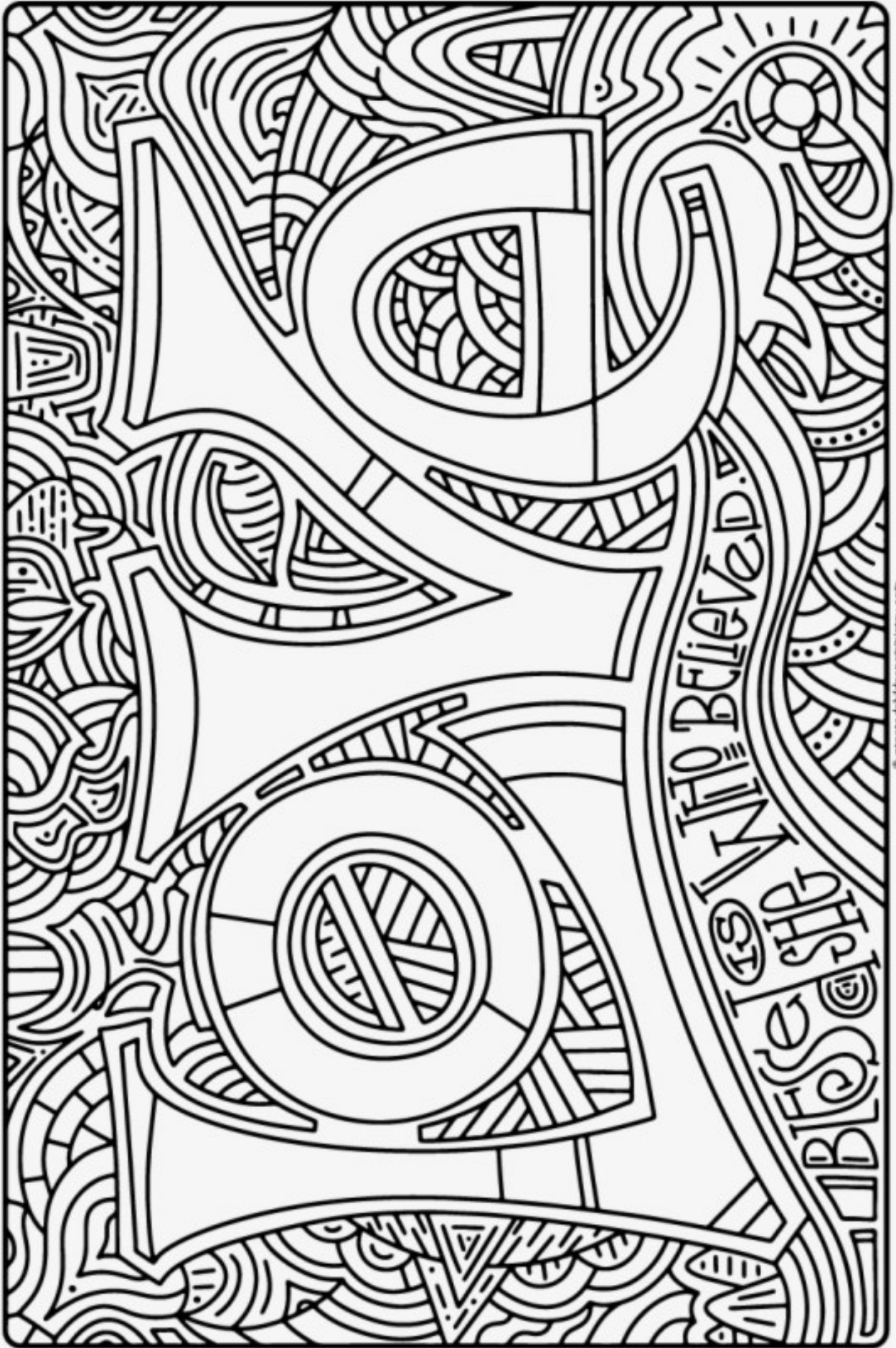




I AM
the LIGHT
of the World.
Whoever
FOLLOWS
me will never
WALK IN
DARKNESS
BUT WILL HAVE
the Light
of LIFE

John 8:12







MEMBER TO OUR ANCESTORS





Advent Word Search

W	E	G	T	H	M	K	I	C	X	J	Q
R	W	R	E	A	T	H	S	A	Z	O	C
M	P	E	K	D	J	E	S	N	B	Y	A
A	Y	A	D	V	I	M	P	D	H	O	P
R	J	O	S	E	P	H	E	L	O	V	E
Y	E	B	A	N	C	O	A	E	O	G	A
P	S	X	G	T	H	P	C	S	P	K	C
Z	U	G	M	L	O	E	Z	E	A	Y	E
Y	S	Q	P	U	R	P	L	E	X	R	A

Words to Find

Words can be found left to right and up and down.

- Advent
- Wreath
- Candles
- Purple
- Hope
- Peace
- Joy
- Love
- Mary
- Joseph
- Jesus



