



The Power of Zeal

I thank the Master Mind, God within, for The Power of Release, giving me the ability to let go of all that no longer serves me.

God is in
the business
of change.

MAKING SPACE FOR CHANGE: The first step in making a change is becoming aware of the need to do so. The next step is feeling a true desire for change and being able to recognize where there may be conflicting desires that will keep you from taking action. Making space for change can often mean being willing to let go and release conflicting desires. What change do you want? What conflicts might exist that could prevent movement? How can you make space for change?

[A person] without zeal
is like an engine
without steam.

Affirmation: I enthusiastically accept my good and go forward to achieve my purpose.

Zeal—The inner flame that burns brightly for all to see.

The disciple is Simon the Canaanite. He represents motivation and the desire to accomplish great things.

The corresponding color is orange, and the location is the back of the head

Be Enthusiastic About Life By Winifred Wilkinson Hausmann (excerpted from [Your God-Given Potential](#))

Charles Fillmore points to the importance of our God-given ability to be zealous, enthusiastic about life and living. He also details the limitation of a life that is lacking in the development of this faculty, comparing the person to “an engine without steam or an electric motor without a current.” Actually, as with all the 12 attributes, zeal has been given to each of us in bountiful measure. It is simply the failure of the individual to accept this free-flowing abundance that results in a life that is stagnant, limited, “without steam,” pointless, dull, and disappointing ... One who is ... lacking in interest and a zest for living is a person who is denying their God-given opportunity to take the high road through life, denying the expression of their innate powers, and interfering with their progressive unfolding of greater possibilities of mind and body ...

Transforming Ourselves First

The same amount of zeal has been given to all. How we accept it and how we work with it determines the way it will work for us—or against us. Zeal directed solely to selfish, human aims may consume us with its heat and friction. But enthusiasm developed as a spiritual attribute and dedicated to God’s will and God’s work will carry us to mountaintops of spiritual experience and help us immeasurably in the awakening of the other 11 powers ...

When first awakened to spiritual ideas, we may be carried away in our desire to transform the world—or even just to change our family and friends. But we must learn to direct this energy first toward transforming ourselves, bringing forth our own spiritual nature. Our greatest influence on others will be the result of the changes we have made in ourselves ... When you are filled with spiritual enthusiasm, you are joyous and energetic, your senses are quickened and awakened to new life, and you have a new feeling of being vitally alive.

MY SPIRITUAL JOURNEY CHALLENGE:

Witnessing the transformation that is possible when we release and let go reminds us of the power of intention combined with action. In this month’s challenge, identify 1-3 people (who you are close to) who have experienced a transformation and ask them what they had to release or let go of to make way for the change they wanted.

“Zeal is the impulse to go forward, the urge behind all things.”



Keeping It Cool: Skills for Coping with Change by Dr. Melissa Munro Boyd | Read Aloud

<https://www.youtube.com/watch?v=c7DiGG0e6dg>



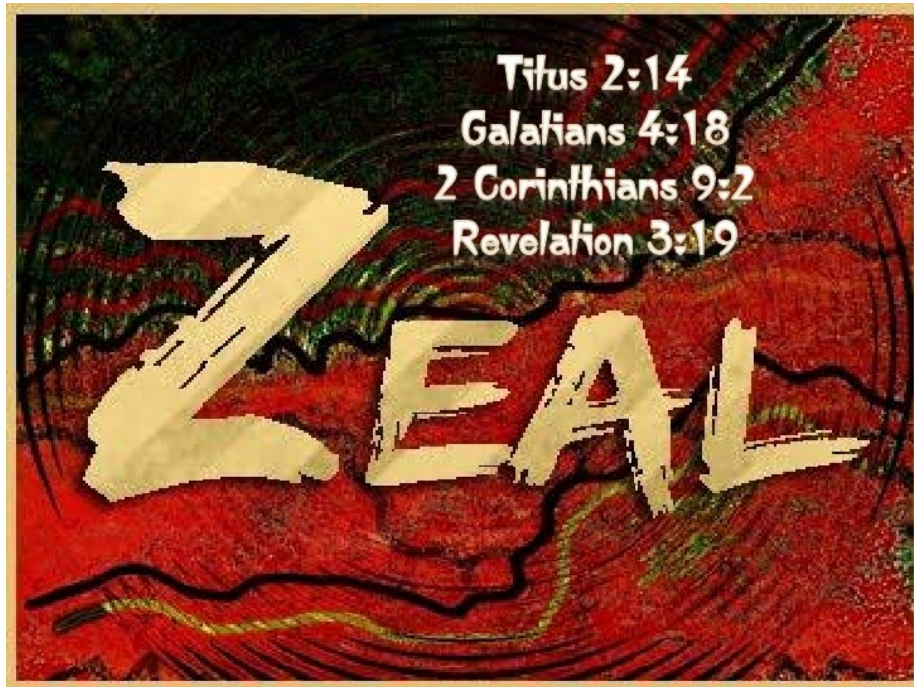
"Keeping it Cool explores numerous ways children can adjust to change, express feelings, and practice healthy coping skills. This enjoyable and relatable book teaches effective coping strategies and how adjusting to change impacts feelings, time spent with others, and daily routines. Keeping it Cool offers ideas for children to model and is an excel-



Sometimes embracing change can be difficult. Take a look at this video and imagine the big bird's name is change. Make up your story from this video and share it.

<https://www.youtube.com/watch?v=nYTrlcn4rjg>

Get Excited! <https://youtu.be/YxJmxVygnRE>



A Meditation on the Power of Zeal

By Rev. Bronte Colbert

I am a beloved child of God, shining with the brilliance of the Universe. This is expressed as optimism, abundance, and enthusiasm in my day-to-day living.

If I feel less than enthusiastic or energetic in any area of my life, zeal is an ever-present energy that I may call upon. It ignites my dreams and fuels my life. It fills me from the inside out. As I enthusiastically express the Spirit within me, I bubble over with joy!

I do what I love, and I love what I do. I am vibrantly healthy. I am alive, awake, alert, and enthusiastic about life.

Affirm: My zeal shines from me, lighting my way forward and brightening our world. I glow!



Climb the ladders by changing one letter at a time, but keeping make words to get from one word to the other.

DOVE
DIVE
DIRE
DARE
DARK
LARK

DOVE
LARK

DUCK
SWAN

CROW
HAWK

TREES
STUMP

BIRD
NEST

DUCK
POND

CHOP
WOOD

TOOL
SHED

POWER
TOOLS

